

KEVADAKRO 2016
International Competition of Acrobatic Gymnastics
DIRECTIVES

TIME AND PLACE	May 27th - 29th 2016 Akrobaatika Kool (Tallinn, Kopli 25)																																			
ORGANIZER	Eksperimentaalse Liikumise Keskus/Akrobaatika Kool www.omatsirkus.ee ; Contact: Heidi Kann, +372 51 52 159, info@omatsirkus.ee																																			
TECHNICAL REGULATIONS	<p>The competitions will take place in following age groups in Acrobatic Gymnastics</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">MINI</td> <td style="width: 25%;">born 2006-2009</td> <td style="width: 15%;">B group</td> <td style="width: 20%;">United Kingdom NDP 1</td> <td style="width: 25%;">Combined routine</td> </tr> <tr> <td></td> <td></td> <td>A group</td> <td>United Kingdom NDP 2</td> <td>Combined routine</td> </tr> <tr> <td>CHILDREN</td> <td>born 2001-2008</td> <td>B group</td> <td>United Kingdom NDP 3</td> <td>Combined routine</td> </tr> <tr> <td></td> <td></td> <td>A group</td> <td>United Kingdom NDP 4</td> <td>Combined routine</td> </tr> <tr> <td>YOUTH</td> <td>born 2000-2008</td> <td></td> <td></td> <td>Combined routine</td> </tr> <tr> <td></td> <td colspan="4">(maximum 6 years between partners)</td> </tr> <tr> <td>AGE group 11-16</td> <td>born 2000-2005</td> <td colspan="3">FIG Balance and Dynamic Routine</td> </tr> </table> <p>Each athlete is allowed to take part in one discipline and age group only. MINI and CHILDREN competitions will be held under the United Kingdom NDP 8 rules for Acrobatic Gymnastics (http://www.omatsirkus.ee/uploads/5b/6f/5b6fd4ccb2bd61fdb0cdf95b0d23b388/NDP8-COMplete-FINAL-V1.0-24092013-kevad.pdf)</p> <p>AGE group 11-16 competitions will be held under the FIG technical rules for Acrobatic Gymnastics, balance and tempo exercises, no final.</p> <p>YOUTH 1 Combined exercise (<i>Difficulty is calculated according to FIG 11-16 Age Group rules</i>). Maximum duration of exercise: 2.30. Pairs: choose 2 balance elements from 11-16 difficulty tables + 1 optional element from FIG tables and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables. Groups: choose 1 pyramid from 11-16 difficulty tables + 1 optional pyramid from FIG tables (only 2 static holds of 3" are required in the routine) and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables; the optional pyramid may be selected from one of the same categories used in the compulsory elements. Individual: 2 cat. 1 + 2 cat. 2 individual elements must be executed (NO SALTO REQUIRED).</p>	MINI	born 2006-2009	B group	United Kingdom NDP 1	Combined routine			A group	United Kingdom NDP 2	Combined routine	CHILDREN	born 2001-2008	B group	United Kingdom NDP 3	Combined routine			A group	United Kingdom NDP 4	Combined routine	YOUTH	born 2000-2008			Combined routine		(maximum 6 years between partners)				AGE group 11-16	born 2000-2005	FIG Balance and Dynamic Routine		
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EQUIPMENT	One main gym floor 'Apollo Diagonal II' blue color, gymnastics mats for warm up.																																			
ENTRY FEE	10 € - per competitor in MINI 15 € - per competitor in CHILDREN 20€ - per competitor in YOUTH 25 € - per competitor in AGE group 11-16																																			
SCHEDULE	26-27th May - Arrival of delegations 27th May - Accreditation, Training per Schedule 28-29th May - Trainings and competition as per schedule 30th May - Departure of delegations																																			
AWARDS	The exact schedule will be sent to all registered delegations by the e-mail. One pair or group with the highest score will be selected for the award ceremony in every age group and discipline. In case there are at least 5 groups/pairs competing in age group and discipline, the 1 st , 2 nd and 3 rd place will be awarded with diploma and medal. In case there are 4 or less pairs/groups the 1 st , 2 nd and 3 rd place will be awarded with diploma.																																			
JUDGES	Each delegation has to ensure at least one judge per 10 pairs/groups that has a valid FIG international Brevet 1, 2, 3, 4 category or national category. 50€ penalty fee - if no judge is presented.																																			

DEADLINES	Provisional deadline	1.05.2016
	Nominative deadline	16.05.2016
	Musics	16.05.2016
	Tariff Sheets	16.05.2016
	REGISTRATIONS: http://www.omatsirkus.ee/eng/acrobatics-school/competitions2/kevadakro-2016	
ACCREDITATION	<p>27th May at the venue of competition. At accreditation, the Head of Delegation must check the correct names of their delegation and hand in the music CDs of the competitors (just in case of any technical problems). They also have to present the passports of all competitors and judges for control. The final competition schedule will be given to the Head of Delegation.</p>	
INSURANCE	Organizers do not take any responsibility in case of any accidents at the time of your staying in Estonia. Therefore, we highly recommend everyone to take care of insurance policy. First aid is provided.	
FINANCIAL CONDITIONS	Each delegation bears the cost of travel, accommodation and meals.	
MORE INFORMATION	<p>Tariff Sheets should be sent to the Dropbox folder by the 16th May. Music should be sent to the Dropbox folder by the 16th May.</p> <p>Tariff Sheets and Musics should be identified as followed: <i>FAMILYNAME-FAMILYNAME_AGE GROUP_CATEGORY_CLUB/COUNTRY</i> <i>Example: Richter-Kutman_CHILDREN_WP-AKROBAATIKA KOOL/EST</i></p>	