



Judith Wootton, Chairman ATTC

Chelsea Farm,
Harp Road,
Brent Knoll,
Highbridge,
Somerset,
TA8 4HQ

judy.wootton@btconnect.com

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Clarification of changes to NDP for 2013

Following a Skype meeting of ATTC on Wednesday, 4th July, the following clarifications for the NDP competitions in 2013 were agreed:

- **In Grades Prep A through to Grade 2 and in Grade 3 pairs**, performers must choose elements from the same row in individual elements, even though they are choosing 3 from 4 elements in the grade.

e.g. Novice Group:

- 1) Competitor A: All perform pike fold (Row G), then one does back roll to straddle while the other(s) choose backward roll to stand (Row I). For their last element all choose forward roll with half turn jump (Row J). *This is correct*
 - 2) Competitor B: For their first element, one does japana, one does shoulder stand and one does v-sit (H). For their second element they all choose backward roll to stand (Row I). For their third element, one does forward roll half turn jump (J), one does shoulder stand (H) and the other does bridge (G). *This is not correct and would incur Special Requirement and Difficulty penalties*
- Grade 3 Men's and Women's Groups the Special Requirements will not change in composition, though the time of the exercise will reduce to 2 minutes in the same way as Grades Prep A -> Grade 2. In the Balance exercise, to match with the Age Group rules, performers should show a flexibility, a stand and an agility. The tariff sheets for Grade 3 Groups will not change for the 2013 competition season.

Registered Office
Ford Hall, Lilleshall National Sports Centre,
Newport, Shropshire TF10 9NB

T. 0845 1297129 F. 0845 1249089
E. information@british-gymnastics.org
W. british-gymnastics.org

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